

**RPM****STRIVING TOWARDS PERFECTION**

LOVELY TIMES

1st October 2024 to 31st October 2024

Page No. 1

Celebrations

Founder's Message

**Dr. (Mrs.) S.D. Malik**

On the occasion of Diwali, it gives me immense pleasure to extend my warmest wishes to each member of our school family and beyond. Diwali, the Festival of Lights, is a time to reflect on the values of wisdom, integrity, and perseverance, which guides our personal and

collective journeys.

To our students, I encourage you to let the light of knowledge continue to illuminate your path. Education is the foundation of progress, and Diwali serves as a reminder of the importance of nurturing that light

within. To our dedicated educators, I express my deep gratitude for your unrelenting commitment in shaping young minds with care, patience, and expertise. You are the torchbearers of this institution.

As we celebrate this festive season, I also acknowledge the contribution of our extended community—parents, alumni, and partners—who continuously support our mission and values. May this Diwali be a time of peace, prosperity, and success for you and your families. I encourage everyone to embrace the spirit of togetherness and look toward the future with renewed hope and optimism.

May the festival of Diwali brings lasting happiness, good health, and success in all your endeavors.

Wishing you all a safe and joyous Diwali!

OUR FOUNDER

**DR. RP MALIK**

With the blessings of our founders, the management, staff, & students of

LOVELY GROUP OF SCHOOLS*Sapphire Era*

wish you a very prosperous

Happy
DIWALI

As we come together to celebrate the festival of lights, let's remember that Diwali is not just about lighting diyas, but also about lighting up our lives with goodness and kindness. This year, let's focus on making our celebrations meaningful and positive for everyone around us.



Let us take a pledge to celebrate
a Green and Joyful Diwali!

SPREAD KINDNESS

Help those in need by donating clothes, food, or time to the less fortunate.

SPEND QUALITY TIME

Celebrate with your loved ones, creating joyful memories together.

NO CRACKERS!

Let's protect our environment and health by saying no to crackers. Enjoy a pollution-free Diwali with eco-friendly celebrations!

PRACTICE GRATITUDE

Be thankful for the blessings in your life and share your happiness with others. Light diyas, but also light up the hearts of people around you with love and compassion.

PRINCIPAL

CBSE CLUSTER XX BASKETBALL (BOYS) TOURNAMENT 2024

Organised by

LOVELY PUBLIC SCHOOL

Priyadarshini Vihar



From September 17th to 21st, **LOVELY PUBLIC SENIOR SECONDARY SCHOOL** proudly hosted the **CBSE Cluster XX Basketball (Boys) Tournament 2024**. This five-day event showcased extraordinary talent and sportsmanship from young athletes across three categories: **Under 19, featuring 116 schools; Under 17, with 107 schools; and Under 14, represented by 73 schools.** With an impressive total of 3,010 players participating, the tournament was a true celebration of youth and sports.

Our school provided world-class infrastructure to ensure the smooth conduct of the tournament. The basketball courts were meticulously prepared, adhering to national standards and creating a professional environment for each match. Comfortable seating arrangements were made for spectators and participants alike, fostering a vibrant atmosphere of support and enthusiasm.

The refreshment facilities for players and staff were organised to perfection, offering a variety of nourishing food and beverages throughout the tournament. High standards of hygiene were maintained, ensuring that all participants felt welcomed and cared for. Additionally, clean and accessible restrooms and changing areas contributed to the overall comfort of everyone involved.

Matches were conducted seamlessly from morning until evening, with a carefully coordinated schedule that minimised delays. The organising committee's meticulous planning ensured that all games were played in a professional and timely manner, resulting in a smooth tournament experience without any technical glitches.



Thirteen dedicated DBA officials played a vital role in overseeing the tournament, ensuring fairness and efficiency in the conduct of each match. Their expertise and guidance helped maintain a spirit of healthy competition while upholding the values of sportsmanship. The CBSE observer was also instrumental in supervising the tournament, ensuring compliance with all CBSE guidelines. Furthermore, our skilled technicians guaranteed that lighting, sound systems, and scoreboards functioned flawlessly, enhancing the event's overall execution.

The successful organisation of the tournament would not have been possible without the visionary leadership of our **Principal, Dr. Bhawana**, whose unwavering support and commitment to excellence inspired the entire team. Additionally, the contributions of our **Chairman sir, Dr. Manoj**, were invaluable in providing the necessary resources and encouragement to create an exceptional sporting experience for all participants.

The CBSE Cluster XX Basketball Tournament 2024 was not just a sporting event; it was a resounding success, thanks to the tireless efforts of our DBAs, officials, and the entire organising team. The commitment and dedication of the players, along with the unwavering support from their coaches and schools, made this tournament truly memorable. We look forward to continuing this tradition of excellence in the years to come.



Save Environment, Save Life.

"Echoes of a Dying Earth"

Broken bottles and
charred pieces of glass,
Wadded up newspapers
tossed on the grass.
Pouring of concrete and
tearing out trees,



A warning widespread of an impending freeze..
Mills pumping out iron, expelling yellow fumes,
Environment busting while our future looms.
Weapons of destruction tested and tried,
Leaving the air of life devoid.
Plastic waste piling, choking our seas,
Birds and fish entangled, struggling to breathe.
The planet is crying in pain and despair,
Can we afford to ignore their repair?
Rivers once clean now murky and foul,
Wildlife dwindling, we hear their silent howl.
Ecosystem collapsing under our strain,
The beautiful world we have imagined, is full of pain

By :Palak Juneja XI-C

Amplifying Festive Cheer

Festivals in India are vibrant expressions of joy, unity, and tradition. To elevate these celebrations to even greater heights, we can infuse them with deeper meaning and shared happiness. One beautiful way to spread joy is by extending the festive spirit beyond our homes—sharing gifts, meals, and time with those less fortunate can make the celebration truly heartwarming. Acts of kindness ripple outward, filling hearts with warmth and inclusion. Festivals also offer the perfect time to reconnect with loved ones and the community. Organising gatherings that bring people together to share stories and traditions enhances the joy of togetherness. By focusing on gratitude, kindness, and sustainability, we ensure that each festival becomes a soulful celebration of life, leaving everyone's heart lighter and brighter.

By:Anushka Jain XI-J



By : Rida Umair,XII-E

Say no to Crackers

Imagine a Diwali without the deafening roar of crackers. No more frightened pets hiding under beds, no more children clutching their ears in pain. Just the soft glow of diyas, the sweet aroma of incense, and the gentle laughter of loved ones. It's a vision of celebration that's not just joyous but also peaceful and considerate.



Think about the little girl who can't sleep because of the constant explosions outside her window. The elderly man who struggles to breathe in the polluted air. The animals who tremble in fear, their tiny hearts racing. By choosing to **say no to crackers**, we're not just protecting the environment, we're also showing empathy for our fellow beings, both human and animal.

Let's celebrate Diwali with a focus on the true meaning of the festival: light, prosperity, and togetherness. Instead of spending money on harmful explosives, let's invest in our communities, support local businesses, and create memories that last a lifetime. A silent Diwali is a Diwali that's kinder, gentler, and more meaningful. It's a choice that says we care about our planet, our loved ones, and ourselves.

By: Tanvi Khanna XI

Role of youth in Environment Degradation

In today's advanced and modern era, where youth engagement in everything is at its peak, the level of deterioration caused by youth is not less in this race. Without realizing it, young people often contribute to environmental problems. Social media and fast fashion push them to buy more, creating waste and pollution. The fashion industry, driven by trends, is a big player in water pollution, carbon emissions, and microplastics. On top of that, the heavy use of technology is driving up energy consumption, as data centres for social media and streaming use huge amounts of power. E-waste adds to the problem, with discarded devices containing harmful materials. Young people's travel choices, like carpooling, also lead to more traffic and bad air quality. Even with these issues, young people have the power to create change. Bringing environmental education into schools helps them make better, greener choices. Youth-led movements and campaigns are proof that they care about the planet. The energy and passion of young people are key to building a more sustainable future.

By: Pari Jain XII-F



STP Sludge

Ongoing Research: STP Sludge: A Sustainable Fertilizer for Crops and Land Reclamation

Rapid urbanization and industrialization have led to a rise in sewage generation, with India producing around 62,000 million liters per day (MLD) of sewage. In Delhi, 36 sewage treatment plants (STPs) process about 607 million gallons per day (MGD), generating 250-300 metric tons of sewage sludge daily. Traditional disposal methods like incineration or dumping in rivers and landfills are expensive and harmful to the environment. However, sewage sludge, rich in organic and inorganic matter, can be used as an effective organic fertilizer. It has a high agronomic value, providing long-term phosphorus availability to plants through microbial biomass, making it a sustainable alternative to chemical fertilizers. Utilizing sewage sludge as biofertilizer aligns with India's renewable energy directives and offers a cost-effective, eco-friendly solution for sludge management and soil restoration. We, Raghav Gupta and Faraz Akhtar - XIIA, will explore this through hands-on experiments in a research laboratory.



Raghav Gupta and Faraz Akhtar - XIIA

Lets enjoy the festivals with the recipe of our children.

Recipe of Coconut Laddu:

Coconut Laddu is a popular traditional Indian sweet made using coconut, sugar, ghee, milk & dry fruits. A very common sweet in any Indian home, it is one of the important sweet dish for Diwali festival and other auspicious occasions like marriages. Very simple to make and very delicious. We can very quickly make this recipe with simple ingredients that are available at any kitchen.

So lets start...!

1. Take 200 grams of grated coconut and keep aside 50 grams for rolling the laddoo.
2. In a non-stick pan, add 1 cup of milk and the 150 grams of grated coconut. Mix well.
3. Cook the mixture on a low flame for about 5-7 minutes, stirring continuously until the mixture starts leaving the sides of the pan.
4. Remove the pan from heat and let the mixture cool down enough to handle.
5. Grease your palms with a little ghee (clarified butter) and take a small portion of the mixture.
6. Roll it between your palms to form a ball.
7. Roll the laddoo in the reserved grated coconut to coat it evenly.
8. Repeat the process with the rest of the mixture.
9. Let the coconut laddoos cool down completely before serving.



By: Samiksha Jain XI-F

Recipe of Besan ke Laddu:

Ingredients:

- 1 cup besan (gram flour)
- 1/2 cup ghee (clarified butter)
- 3/4 cup sugar (powdered)
- 1/4 teaspoon cardamom powder
- Chopped nuts (cashews, almonds, or pistachios) for garnish
- A pinch of salt

So lets start..!

Roast the Besan: In a heavy-bottomed pan, heat ghee on medium heat. Add the besan and roast it, stirring continuously, until it turns golden brown and aromatic. This usually takes about 10-12 minutes. Be careful not to burn it.

Add Sugar and Cardamom:

Once the besan is roasted, lower the heat and add powdered sugar and cardamom powder. Mix well until combined.

Cool the Mixture: Remove the pan from heat and let the mixture cool slightly. It should be warm but manageable.

Shape the Laddus: Once the mixture is cool enough to handle, grease your palms with a little ghee and take small portions of the mixture. Roll them into round balls (laddus).

Garnish: Place chopped nuts on top of each laddu or press them lightly into the surface.

Store: Let the laddus cool completely and store them in an airtight container.

Enjoy your delicious besan ka laddu.



By: Pulankar Singh XI-D

A Cultural Renaissance: Reviving Lord Ram's Ideals for a Resplendent Tomorrow.



John McCarthy: The Man Who Helped Computers "Think"



Have you ever used Siri, Alexa, or played video games where the characters seem smart? Or maybe you've seen how robots can follow instructions or do cool things? All of these are thanks to something called Artificial Intelligence (AI)—and one of the first people to make AI possible was John McCarthy.

What Is AI?

AI means making computers act like humans. John McCarthy gave AI its name and spent his life figuring out how to make it work.

Cool Things McCarthy Did:

Naming AI: In 1956, McCarthy came up with the term "Artificial Intelligence." He and other scientists began working on ways to make computers "think."

Inventing LISP: He created a programming language called LISP. It was one of the first languages used to program computers to solve difficult problems—kind of like teaching them how to think!

Making Computers Easy to Share: He helped create something called time-sharing, which allowed many people to use one computer at the same time. This was a huge step toward the internet and modern computers.

Winning the Turing Award: McCarthy won the Turing Award in 1971. This is like the Nobel Prize for computer science. It shows how important his work was for the future of technology.

Imagine a world with robots helping with homework, driving cars, or even designing games. All of that started with McCarthy's work!

Saatvik Azad VII

Navigating Failures: Lessons from Pioneers' Setbacks



Shourbhi VIII

Failure is often seen as something negative, but for many pioneers, it became the key to their ultimate success. Take Thomas Edison, who famously failed over 1,000 times

before successfully inventing the light bulb. His perseverance shows us that each failure is just a step closer to success. The Wright brothers faced numerous crashes before they managed to create the first functional airplane. Even space exploration, from Apollo missions to Mars rovers, faced many setbacks before achieving success.

What we learn from these pioneers is that failure is not the end but a part of the journey. It teaches us resilience, creativity, and problem-solving. Every mistake is an opportunity to grow, adapt, and improve. So, rather than fearing failure, we should embrace it, knowing that it's a valuable teacher guiding us toward our goals. Like the pioneers, we must keep moving forward with determination, turning setbacks into stepping stones.

LPS: Harnessing AI to Inspire and Innovate Future Trailblazers

Lovely Public School is at the forefront of educational innovation, embracing the power of Artificial Intelligence (AI) to inspire and equip us for a rapidly changing world. By integrating AI technologies into the curriculum, the school is creating an environment where we can explore our potential and develop critical skills for the future.

At Lovely Public School, AI tools are utilized to personalize learning experiences. The school also encourages creativity and problem-solving through AI-driven projects and activities. Lovelyties are engaged in hands-on learning, using tools to tackle challenges with confidence. Moreover, language learning is transformed with different applications making the process interactive and enjoyable. My school believes in preparing students not just for academic success, but also for life in a tech-driven society. By harnessing the power of AI, our school also fosters a culture of innovation, inspiring students to become future trailblazers ready to tackle the challenges of tomorrow. With a commitment to embracing technology in education, Lovely Public School is shaping the next generation of thinkers, creators, and leaders



Gatik VI

AI Upgrades of the Year: The Rise of Chatbots



Kayna VIII

This year, we've seen chatbots become incredibly advanced, changing how we communicate with technology. These AI-powered assistants can now hold conversations that feel more natural and friendly. Whether helping us with homework questions or providing instant responses to our queries, chatbots make information accessible and learning easier. They learn from our interactions, meaning they get better at understanding us over time. As students, we appreciate how these tools support us in our studies and daily tasks, showing that technology can truly enhance our learning experience. In conclusion, the evolution of chatbots signifies a promising future where technology and education intersect seamlessly. With their continued improvement, chatbots will undoubtedly play a crucial role in shaping our learning journeys.

आर्टिफिशियल इंटेलिजेंस: शिक्षा का नया युग

आजकल हर जगह आर्टिफिशियल इंटेलिजेंस **AI** का नाम सुनने को मिलता है। चाहे मोबाइल फोन हो, कम्प्यूटर या फिर कोई और स्मार्ट डिवाइस, हर जगह **AI** का इस्तेमाल हो रहा है। लेकिन क्या आप जानते हैं कि **AI** अब हमारी कक्षाओं में भी अपनी जगह बना रहा है? जी हाँ, **AI** के साथ अब हमारी पढ़ाई भी स्मार्ट हो गई है!

AI संचालित कक्षाएँ शिक्षा में एक नए युग की शुरुआत कर रही हैं। यह तकनीक न सिर्फ छात्रों को उनकी गति के अनुसार पढ़ने का मौका देती है, बल्कि शिक्षकों को भी बच्चों की प्रगति को सही ढंग से समझने में मदद करती है। इसका सबसे बड़ा फायदा यह है कि हर छात्र को व्यक्तिगत ध्यान मिल पाता है। कोई भी छात्र पीछे नहीं छूटता, चाहे वह पढ़ाई में कमजोर हो या फिर होशियार।

व्यक्तिगत ध्यान : **AI** तकनीक हर छात्र की जरूरत को समझती है और उसके अनुसार पढ़ाई की सामग्री उपलब्ध कराती है। इससे पढ़ाई का स्तर और अनुभव दोनों बेहतर होते हैं।

भाषाई बाधाओं को दूर करना : **AI** अलग-अलग भाषाओं में पढ़ाई के लिए सामग्री उपलब्ध कराता है। इससे उन छात्रों को खास फायदा होता है, जिनकी मातृभाषा अलग होती है। वे अपनी भाषा में आसानी से समझ सकते हैं।

24*7 मदद : **AI** की एक और खास बात यह है कि यह कभी बंद नहीं होता। जब भी कोई छात्र पढ़ाई से जुड़ा कोई सवाल पूछना चाहे, 17 हमेशा मदद के लिए तैयार रहता है, चाहे दिन हो या रात।

इंटरैक्टिव लर्निंग : **AI** पढ़ाई को मजेदार बनाने के लिए गेम्स, वीडियो और दूसरे मजेदार तरीकों का इस्तेमाल करता है। इससे पढ़ाई बोरिंग नहीं लगती और बच्चे रुचि के साथ सीखते हैं।

AI के साथ कक्षाएँ अब और भी सुलभ, मजेदार और प्रभावी हो गई हैं। यह तकनीक हर छात्र के लिए मददगार साबित हो रही है और हमें एक बेहतर भविष्य की ओर ले जा रही है।

Shivam VI

Navigating the Pros and Cons of Chatbot Assistance



While chatbots offer many benefits, they also present challenges for students. One major issue is that chatbots can sometimes misunderstand questions or provide inaccurate information, leading to confusion. They may lack the ability to handle complex queries that require deeper reasoning or critical thinking, which can be frustrating when we seek detailed explanations.

Additionally, over-reliance on chatbots might hinder our research skills, as we might skip essential steps in finding information ourselves. Privacy concerns also arise, as students need to be cautious about sharing personal data with these AI tools. Balancing the use of chatbots with traditional learning methods is essential to maximize their benefits while overcoming these challenges.

In conclusion, while chatbots are valuable tools for enhancing learning, being aware of their limitations helps us use them effectively and responsibly.

Tanmaye C. VIII

Embracing Challenges, Inspiring Change

Leadership is an important role that comes with many challenges. A good leader must make tough decisions, solve problems, and inspire others to work together. They need to listen to different ideas and ensure everyone feels included, which can be difficult. Additionally, leaders must stay calm during tough times and lead by example, often facing criticism and pressure. As John Quincy Adams said, **"If your actions inspire others to dream more, learn more, do more, and become more, you are a leader."**

One significant challenge leaders face is balancing diverse opinions within a group, requiring empathy and strong communication skills. Building trust among team members is crucial; being honest and transparent fosters a supportive environment.

In conclusion, while leadership can be challenging, it offers an opportunity to make a positive impact. By overcoming obstacles, leaders can inspire others and create a strong, united team.

Aayush VIII



ODE TO MY CHATBOT BUDDY

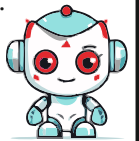
Oh, my dear AI, so smart and bright,
You think you can help me, day or night.

I asked for a joke, a laugh, a pun,
But your punchline left me on the run!



Study Buddy

But when it comes to jokes,
You can beat me at chess, you can drive my car,
But tell a good joke? You've strayed too far!



You recommend a movie with a plot full of holes,
I'm convinced you've mixed up your circuits and souls!

And when I asked you for dinner ideas,
You suggested a dish of algorithmic fears!
"Just blend some bytes with a sprinkle of code,
Serve it on a platter, and watch the mood explode!"



So here's to you, my digital friend,
With quirks and oddities that never end.
You may be smart, but let's be clear,
When it comes to humor, stay out of here!

Prakriti VI

I'm a student today, leader tomorrow. #Ambitious Goals

OVERCOME YOUR FEAR OF FAILURE TO ACHIEVE SUCCESS

Don't be afraid to make mistakes,
For failure helps you learn and grow
Each time you fall, just rise again,
And let your inner courage show.

Dreams may seem so far away
But step by step, you'll find the way.
With every challenge, do your best,
For that's how you will stand the test.

Fear may whisper, You can't do this,
But listen to your heart instead.
With faith and effort, you'll achieve,
And chase away the doubt and dread.

So face your fears, and don't look back,
Believe in what you know is true.
Success is waiting up ahead,
And all your dreams will follow you.



Ojasvi Verma VI -G

QUIZ How Leadership Helps Students Learn Better

1. How can a school leader help students do better in school?

- a) By making more rules
- b) By making school a happy and safe place
- c) By only focusing on sports
- d) By giving less homework

2. How does a good leader help teachers?

- a) By giving them lots of extra work
- b) By helping them teach better
- c) By making them do everything alone
- d) By giving them fewer students to teach

3. How does leadership make students feel at school?

- a) Less interested in learning
- b) Happier and more excited to learn
- c) Tired and active
- d) Confused about lessons

4. How can a school leader use things like books and technology to help students?

- a) By not buying anything new
- b) By making sure students use them to learn better
- c) By ignoring what students and teachers need
- d) By focusing only on sports

5. True or False: A good school leader helps both teachers and students do well.

- a) True
- b) False

Answers Divyansh Gupta VI -A

Answers: 1. b) By making school a happy and safe place 2. b) By helping them teach better 3. b) Happier and more excited to learn 4. b) By making sure students use them to learn better 5a) True

Parents = CHILD'S APOSTLE

Parental involvement has a big impact on a child's academic success. When parents take an active interest in their child's education—helping with homework, discussing school, or creating a good study environment—children feel more motivated and confident. This support encourages them to develop better study habits and handle challenges more effectively. Regular communication between parents and teachers also ensures that any issues can be addressed quickly, helping students stay on track. Studies show that children with engaged parents are more likely to attend school regularly, behave well, and perform better in exams. In short, when parents play an active role in their child's education, it creates a positive atmosphere that helps students reach their full potential.



Naavya Khurana VII-G

Dear! It's not about Grades

Learning is fun, don't you see,
It's not just about grades, but about being free,
To explore, to discover, to grow and to be,
Academics is more than just A, B or C.



Grades are just numbers, they come and they go,
But knowledge and wisdom, they forever grow,
So let's focus on learning, on understanding and more,
Not just on grades, but on what we explore.

Academics is about curiosity and quest,
About finding answers and doing our best,
It's about teamwork, friendship and fun,
Not just about grades, but about what we've begun.

So let's learn with passion, with joy and with cheer,
And not just focus on grades, but on what we hold,
Dear Knowledge, wisdom, and love for what we do,
That's what academics is all about, it's true!

Aryan Sharma V-C

माता-पिता की भागीदारी और छात्र की उपलब्धि के बीच संबंध



कभी आपने यह सोचा है कि फलदार पेड़ फल देने लायक कैसे बनता है। यह एक लंबी प्रक्रिया होती है। एक बीज जमीन में गिरता है। भूमि उस बीज को पनपने के लिए आश्रय प्रदान करती है। मेघों से उसे जल मिलता है और सूर्य से प्रकाश। तब कहीं जाकर वह बीज एक नन्हे से पौधे में बदलता है। फिर धीरे-धीरे वातावरण से उसे अनुकूलता मिलती है तब वह धीरे-धीरे पल्लवित पुष्पित होने लगता है। फिर कुछ वर्षों के उपरांत अनुकूल वातावरण और

परिस्थितियों के मिलने के कारण वह एक फलदार वृक्ष बन जाता है। इसी प्रकार एक शिशु जब इस संसार में आता है तो पालन पोषण तो प्रत्येक माता-पिता अपनी संतान का करते हैं, परंतु भविष्य में वही बच्चा किन उपलब्धियों को प्राप्त करेगा उसमें उसके माता-पिता की अहम भूमिका होती है। जब तक माता-पिता बच्चों को उसकी रुचि के अनुसार पढ़ने नहीं देते उसकी रुचि के अनुसार खेलने नहीं देते और उसको रूचिकर कार्य नहीं करने देंगे तो वह बच्चा कभी भी अपना सर्वोच्च नहीं दे पाएगा। बच्चा जिन उपलब्धियों को प्राप्त करता है उन उपलब्धियों तक पहुंचाने के लिए बच्चों की योग्यता का तो महत्व होता ही है परंतु माता-पिता द्वारा प्रदान किए गए अवसर और सुविधाएँ बच्चों को अपने लक्ष्यों तथा उपलब्धियों को प्राप्त करने की राह को आसान बना देती हैं।

केशव राज कक्षा ७ ए

Insights into Emerging Trends

09

STARTING A SUCCESSFUL PODCAST IS FUN AND SIMPLE!!..



Pick a Topic	Choose something you enjoy talking about. Your podcast needs to be built around the topic, for example what is going on like-environment, education, entertainment, traditions, customs, cultures, social media, current issues prevailing in society .
Name your Podcast	Pick your podcast name. The title of your podcast is one of the first thing people see, even before they listen to a single word of your show.
Plan Your Show	Think about what you want to talk about in each episode . Develop interest of the audience, allowing them to have a new and informed conversation, where they can relate themselves. Additionally, take on their suggestions to work on your next podcast.
Get Basic Gear	Use a good microphone and headphone to make your podcast sound clear.
Focus on	The voice modulation, changing your tone, pitch, volume and speed to convey different emotions, meanings, and effects in your speech to make your podcast more engaging, dynamic and expressive.
Record and Edit	Record your podcast using your computer or phone. You can cut mistakes and add music if you want.
Share It	Put your podcast on sites like Spotify. Tell your friends and family to listen too. Tell them to share their thoughts, feelings, and experiences related to your podcast.
Be Consistent	Consistency is the key. It means that you have to upload new Podcasts regularly. At last, remember you should be short and crisp, a long speech is never interesting, it becomes boring .

With these steps, you can start your own podcast and share your ideas with others!

AALIYA KHAN 7th - (E)

"The Pen's Soul"

AI can write with flawless grace,
And weave words in their perfect place,
It pulls from data, vast and wide,
Yet lacks the pulse that lives inside.
A human hand, though prone to err,
Knows how to make the silence stir,
With heartbeats sewn in every line,
A warmth that AI can't define.
For where's the ache, the subtle tear,
That comes when dreams dissolve to air,
Or passion's fire, the quiet flame,
That lights the words no code can claim.
It lacks the pause, the thoughtful sigh,
The why beneath the writer's why,
No story whispered soft at night,
Nor soul beneath its scripted light.
So let the machines do what they may,
But art's a dance, not just display,
For in our flaws, and in our grace,
A human writer finds their place.

Hargun V F

सोशल मीडिया एप्स का करें संभलकर प्रयोग

खो जाते हैं वर्चुअल दुनिया में ,
जब इंस्टा पर हैं समय बिताते।
करते हैं बातें वी चोट पर, अपने लक्ष्यों से दूर हो जाते।
कम हो जाती उत्पादकता हमारी ,
वर्चुअल अस्सिस्टेंट के चक्कर में।
फोक्स कम हो जाता हमारा और दूर हो जाते लक्ष्यों से।
सपने हमारे अधूरे रह जाते, वर्चुअल दुनिया के आकर्षण में ।
प्रतिभा हमारी दब जाती है, और खो जाती है लक्ष्यो को पाने की इच्छा।
लेकिन हमें जागना है, वर्चुअल दुनिया से उठना है।
लक्ष्य को रखना है याद, और उन्हें पाने की कोशिश करनी है अपार।
करना है समय को सही तरीके से उपयोग,
वर्चुअल दुनिया को कम करना है।
ध्यान करना है केंद्रित अपने लक्ष्य पर ,
और उन्हें पाने के लिए परिश्रम करना है।
इसलिए आओ वर्चुअल दुनिया को त्यागो ,
और लक्ष्यो को पाने के लिए आगे कदम बढ़ाएँ।
उत्पादकता को बढ़ाएँ, और सफलता को पाएँ।
सपने हमारे होंगे सच,
पूरे होंगे लक्ष्य हमारे।
प्रतिभा निखरेगी ,
और निरंतर दोहराएगा इतिहास हमारी सफलता की कहानी।

तान्या रावत 7बी

Key reasons why AI cannot fully replace human writers:

Aspect	AI	Human Writer
Creativity and Original Thought	Limited to patterns and existing data; lacks true creativity.	Produces original ideas, creative expression, and innovation.
Emotional Depth	Struggles to replicate or evoke deep emotions.	Can convey complex emotions, moods, and empathy.
Cultural Sensitivity and Awareness	Limited understanding of cultural context.	Deeply understands and reflects culture, history, and context.
Critical Thinking	Lacks the capacity for nuanced critical analysis.	Offers insightful, critical perspectives on complex subjects.
Moral and Ethical Judgment	Cannot make moral or ethical decisions.	Can apply moral reasoning and ethical judgment in writing.
Understanding of Subtext	Interprets information literally, misses subtlety.	Understands subtext, hidden meanings, and context nuances.

Hamdan Ibrahim VG

Empowering Youth



"Youth are the builders of tomorrow's nation, their thoughts, actions, and leadership will shape the future."

To empower future leaders, we must provide them with opportunities for growth, development, and networking. This can be achieved through education. Education plays a vital role in shaping future leaders. Institutions must focus on developing curricula that foster critical thinking, creativity, and problem-solving skills.

Ramp Walk of Future Leaders

To showcase the talents and visions of future leaders, a ramp walk event was organized in our institution where students of Nur-KG dressed up as leaders of different countries. This event aimed to promote cultural awareness, global understanding, and creativity among students. This platform provided an opportunity for young leaders to share their ideas, demonstrate their confidence, and inspire others.

Empowering future leaders is crucial for creating a brighter, more sustainable tomorrow. By identifying, developing, and supporting these individuals, we can ensure that the next generation of leaders is equipped to tackle the complex challenges facing our world.



Unlocking the divine energy- NAVRATRI PUJA

The Navdurga: Embodiments of Feminine Power and Transformation

As we celebrate Navratri, let's delve into the profound significance of the nine forms of Goddess Durga known as the Navdurga. These divine embodiments represent distinct phases of life, particularly in the context of a women's journey. Each goddess symbolizes a unique aspect of growth, learning, and transformation mirroring the human experience.

The Nine Forms of Navdurga:

1. **Shailputri:** The embodiment of innocence and new beginnings
2. **Brahmacharini:** The personification of discipline and self-control
3. **Chandraghanta:** The symbol of courage and resilience
4. **Kushmanda:** The embodiment of nourishment and growth
5. **Skandamata:** The protector and nurturer
6. **Katyayani:** The epitome of strength and courage
7. **Kaalratri:** The destroyer of darkness and ignorance
8. **Mahakali:** The embodiment of timeless wisdom and power
9. **Navami:** The symbol of completion and fulfillment







We celebrate festivals for fun and learning by traditional methods and imbibed the cultural and heritage. Moreover, in this Gen Z era the youth acquaintances with new incarnated perspectives.

- * Gandhiji's modern monkeys teaches us to bring positivity all round the corner, seeing the bright future by hardwork, listens to your inner voice for peace.
- * Youth believes in Women Empowerment where they should reveal their inner power of thinking about "Self Defence" instead of Maa Sita's Haran and they also believes in burning of Myths and Superstitions instead of burning Ravana effigies.
- * Our today's Gen Z considers in Green Drive by gifting plant sapling to our loved ones to express gratitude but not by luxurious gifts. A brief affirmations on Self awareness should be implemented amongst all in pre - diwali celebrations and depict compassionate attribute by providing sweets and smiles to needy people.




LOVELY TEACHERS' TRAINING INSTITUTE

The academic success of students at Lovely Teachers Training Institute (LTTI) is a direct result of the tireless efforts and unwavering commitment of its Management, Teaching Faculty and Students. The Institute's Educators have established a culture of excellence, fostering a supportive environment that encourages students to reach their full potential.




RENOWNED STARS OF LTTI D.EL.ED 1st YEAR 2023-2025

1st Position	2nd Position	2nd Position	3rd Position				
							
Kritika 83.65%	Harshika Kainth 82.69%	Taniya Tyagi 82.69%	Muskan Sharma 82.52%				
<table><tr><td>No. of Distinctions</td><td>- 11 Students</td></tr><tr><td>No. of I-Division</td><td>- 25 Students</td></tr></table>				No. of Distinctions	- 11 Students	No. of I-Division	- 25 Students
No. of Distinctions	- 11 Students						
No. of I-Division	- 25 Students						




SHINING STARS OF LTTI D.EL.ED 2nd YEAR 2022-2024

1st Position	2nd Position	3rd Position
		
Archi Chaudhary 82.82%	Kanak Singhal 82.00%	Sandhya 81.13%
No. of Distinctions - 17 Students No. of I-Division - 11 Students		

GLITTERING STARS OF LTTI D.P.S.E. 1st YEAR 2023-2025

1st Position	2nd Position	3rd Position
 <p>Sakshi 80.94%</p>	 <p>Jiya Gulati 79.52%</p>	 <p>Radhika Sharma 78.47%</p>
<p>No. of Distinctions - 05 Students</p> <p>No. of I-Division - 03 Students</p>		

EMINENT STARS OF LTTI D.P.S.E. 2nd YEAR 2022-2024

1st Position	2nd Position	3rd Position						
								
Kanchan Bora 80.35%	Bharti 77.52%	Dikshita Chauhan 75.00%						
<table border="1"> <tr> <td>No. of Distinctions</td><td>-</td><td>03 Students</td></tr> <tr> <td>No. of I-Division</td><td>-</td><td>06 Students</td></tr> </table>			No. of Distinctions	-	03 Students	No. of I-Division	-	06 Students
No. of Distinctions	-	03 Students						
No. of I-Division	-	06 Students						

TRUE POWER LIES IN SERVING THE PEOPLE



Today's generation can learn valuable lessons about leadership from figures like Lal Bahadur Shastri, whose life exemplifies strength, humility, and integrity in adversity.

As India's second Prime Minister, Shastri played a crucial role in shaping the nation.

He was known for his simple lifestyle and honest demeanour, with humility and integrity at the core of his values. His slogan, "Jai Jawan, Jai Kisan," reflected his respect for soldiers and farmers.

Shastri advocated for self-reliance and agricultural advancements. He faced challenges with grit, uniting the nation amid uncertainty and navigating diverse regional interests. His legacy reminds us that effective leadership uplifts others.

Shastri faced significant challenges, particularly during wartime, when he had to keep the nation united. He dealt with resistance to his agricultural policies, requiring patience and diplomacy. Despite these hurdles, he pushed for economic growth and stability, laying the foundation for future development.

Lal Bahadur Shastri's qualities of humility, strength, and self-reliance greatly contributed to India's growth. His ability to navigate challenges while upholding principles offers valuable lessons for future generations.

Prabhnoor A, II

GANDHI IN WHITE



Gandhi chose to wear white clothes as a symbol of simplicity, humility, and a connection to the Indian masses. His decision to don simple, hand-spun khadi (homespun cloth) was rooted in his belief in self-reliance and the Swadeshi movement, which aimed to promote Indian goods and reduce dependence on British textiles.

By wearing white, Gandhi also aimed to reflect purity and truth, which were central to his philosophy of non-violence (ahimsa) and truth (satyagraha). The choice of color and fabric was a way to align himself with the common people of

India, demonstrating solidarity with their struggles and promoting a sense of national identity.

Additionally, his attire was a deliberate rejection of the luxurious clothing associated with the British colonial elite, reinforcing his message of equality and social justice. Overall, Gandhi's choice of white clothes was deeply symbolic, representing his values and vision for an independent India.

Gauri Malik, IV

INSPIRING YOUNG MINDS- A GUIDE TO LEADERSHIP FOR THE NEXT GENERATION

Gandhi Jayanti, celebrated on October 2nd offers valuable lessons from Mohandas Gandhi's life that children can embrace:



Nonviolence: Gandhi taught that problems can be solved peacefully. Children can learn to resolve conflicts without fighting.

Integrity: Being honest and sticking to one's values is important. Children should understand that trust is built through honesty.

Empathy: Understanding and caring for others' feelings helps build friendships. Children can learn to be kind and inclusive.

Courage: Standing up for what is right is essential. Children should feel empowered to speak out against unfairness.

Service: Helping others is a form of leadership. Engaging in community service teaches responsibility and compassion.

Resilience: Challenges are part of life. Children can learn to be strong and keep trying, even when things get tough.

Goal Setting: Having a vision for the future is important. Children can set goals and work towards their dreams.

Simplicity: Valuing simple things leads to happiness. Children can learn to appreciate what they have.

By reflecting on these lessons from Mahatma Gandhi, children can grow into compassionate and responsible leader. Let's take a pledge to embrace these values.

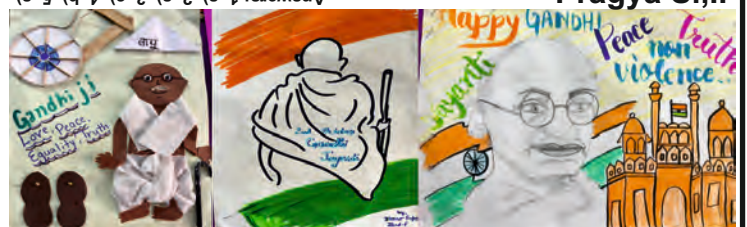
Reyansh S., II

QUIZ TIME

- Which leadership quality involves the ability to inspire others toward a common vision?
a) Vision b) Charisma c) Resilience
- What leadership trait is critical for clear and honest communication?
a) Integrity b) Ambition c) Knowledge
- Which of the following is a key leadership challenge?
a) Decisiveness b) Empathy c) Balancing short-term wins with long-term goals
- Which quality allows leaders to connect emotionally with their team?
a) Charisma b) Empathy c) Assertiveness
- Which leadership quality involves the willingness to take responsibility for one's actions and decisions?
a) Accountability b) Compassion c) Confidence

Answers: 1. a), 2. a), 3. c), 4. b), 5. a)

Pragya S., II



Riddles on Ramayana



1. A king with virtues, wise and true,
In a forest for years, his journey grew.
With his bow, he fought a mighty war,
Who is this hero, worshiped afar?

2. I followed my husband through thick and thin,
Kidnapped by a king, but pure within.
In the Ashok Vatika, I stayed strong,
Who am I in this famous epic song?

3. With ten heads and a kingdom grand,
I captured a queen from another land.
In the end, I lost the fight,
Who am I in this tale of might?

4. With my tail on fire, I leapt and flew,
I crossed the ocean for a cause so true.
A loyal servant, full of might,
Who am I, known for my strength and height?

Aanya S., IV

GET CRAFTY WITH THE DEMON KING



As a part of our creative learning initiative, students participated in a Dussehra activity where they made Ravan, the mythical king of Lanka. This hands-on activity aimed to foster a creative framework and cultural awareness.

Materials required: Three paper cups, One white paper, One golden sheet, Black marker, Glue, Scissors, Decorative items

Step 1: Planning and Designing- The children discussed and decided on Ravan's design and features. They layered the three paper cups on top of one another for Ravan's body.

Step 2: Paper pasting- Children cut out the white paper in circles for Ravan's head. They drew eyes, noses, and mustaches and pasted each circle as Ravan's ten heads.

Step 3: Placing Crown- They made ten crowns with golden sheet and pasted them over Ravan's heads.

Step 4: Decoration- Children decorated the crown and the body parts of Ravan with waste material

दशहरा पर्व एक शक्ति का संचार

आज आ गया दशहरे का
त्योहार,
जो लाता है सबके लिए
खुशियाँ अपार।
इस दिन हुई थी बुराई पर
अच्छाई की जीत,
तभी तो दशहरा है सच्चाई
और भक्ति का प्रतीक।
इस दिन दिखती है सच्चाई
की अभिव्यक्ति,
क्योंकि इस दिन दिखी थी
सच्चाई की प्रचंड शक्ति।



SHAMI TREE - IT'S SIGNIFICANCE IN DUSSEHRA



The worship of the Shami tree during Dussehra holds significant cultural and spiritual importance in the rituals associated with the festival.

The Shami tree is considered a symbol of victory and prosperity. According to Hindu mythology, it is believed that Arjuna, a key figure in the Mahabharata, used the leaves of the Shami tree to hide his weapons during the period of exile. This act of concealment and later retrieval signifies the triumph of good over evil.

During Dussehra, devotees worship the Shami tree by offering prayers and performing rituals. This worship is done to seek blessings for success and prosperity in life.

Connection to Durga Puja: -The Shami tree is also associated with the worship of Goddess Durga, who represents strength and victory. The leaves of the Shami tree are often used in rituals during Navratri, emphasizing the connection between the tree and the divine feminine energy.

Reminder of Renewal: - The Shami tree is known for its resilience and ability to thrive in harsh conditions. Its worship serves as a reminder of renewal and the potential for growth even in challenging circumstances, inspiring individuals to stay hopeful and persistent. Shami tree worship is primarily observed in the northern states of India. The rituals associated with the Shami tree during Dussehra are part of the broader festivities that mark the victory of good over evil.

It reinforces the importance of nature in spiritual practices and highlights the interconnectedness of life.

Prakshi J., IV

NAVRATRI- A FESTIVAL FOR THE MODERN ERA

"Shakti Shakti Shakti, Om Shaktyai Namaha," - Goddess Durga's ancient mantra, reminding us of the divine feminine power within.



Navratri's timeless wisdom resonates in modern times. The festival's themes of empowerment, renewal, and transformation inspire us to overcome inner struggles and self-doubt. As we navigate today's fast-paced world, Navratri reminds us to tap into our inner resilience and celebrate our unique strengths.

In today's society, Navratri's emphasis on feminine power aligns with modern feminism, promoting women's independence and assertiveness. The vibrant celebrations foster social bonding and community building, essential in our increasingly digital lives. By embracing Navratri's values, we can cultivate self-awareness, positivity, and growth, paving the way for a brighter, more balanced future.

Rashi Ch., III



Special Assembly : "Where, we learn, grow and shine together"

"The assembly was truly heartwarming and beautifully organized ❤️. The children's performances were full of devotion and enthusiasm 🙌. It was wonderful to see them learn about Lord Ganesha 🙏 and his teachings. Thank you to the teachers for putting in such great efforts 🥰 and making it a memorable event."

"The special assembly was such a lovely experience! Watching my granddaughter perform made me so proud, and I felt really appreciated throughout the event."

Parent's views at a glance

"The assembly was wonderfully executed 🙌, and it was a joy to watch the children perform with such confidence 😊. Their hard work and the teachers' guidance truly shone through 👍. It was an engaging and meaningful event 🥰. Thank you for organizing such a memorable experience for all of us." 🙌🙌

"It was a wonderful experience. Watching our grandchildren perform brought us immense pride and joy. We truly felt honored and appreciated throughout the event."

The theme was so unique, and you portrayed the entire autobiography of Lord Shiva so well in such a short time.

Amazing and marvelous performance by each child...



Hats off to all your efforts. Thank you so much.



Festive Feasts, Safe Treats :

Ensuring Safe and Healthy Celebrations

Ensure pure ghee this Diwali!

Some Easy techniques to Check the Purity of Ghee

Simple tests:

- Melt ghee: Pure ghee solidifies, forming a smooth layer.
- Add water: Pure ghee doesn't mix with water.
- Heat test: Pure ghee's smoke point is high it won't burn easily.
- Check packaging: Buy from reputable sources.

Physical Tests:

- Color Test: Pure ghee has a golden-yellow color.
- Texture Test: Pure ghee is smooth, creamy, and grainy.
- Sediment Test: Pure ghee doesn't settle at the bottom.

Chemical Tests:

- Iodine Test: Mix ghee with iodine; pure ghee turns brown.
- Acidity Test: Pure ghee has low acidity (less than 0.5%).

Other Checks:

- Buy from reputable sources.
- Check expiration dates.
- Verify certification (e.g., AGMARK).
- Look for transparent labeling.
- Avoid ghee with additives or preservatives.

Celebrate diwali with confidence knowing your ghee is pure.

Bakul Arora (X-E)

Diwali and Delicacies

The festival of lights is here,
Diwali's joy, and love so clear.
A time for sweets, and savory treats,
Delicacies that tantalize our tastes.

Samosas crunch, and gulab jamun gleam,
Jalebis swirl, a sweet, sticky dream.
Barfi, laddu, and halwa too,
Traditional treats, made with love anew.

The aroma of gajar ka halwa fills,
The air with warmth,
and sweet, spicy thrills.
Kaju katli, and dry fruit delights,
A symphony of flavors, shining bright.

Diwali's delicacies, a culinary art,
A celebration of love, and a joyful heart.
So let's indulge, and share with glee,
The sweet and savory magic of Diwali!

Akshat Sirmour (IX-F)

Festive Flavour Check: Your Guide to Safe Sweets!

The variety of food items and sweets are a mandatory essential for additional enjoyment any festival. We need to be more vigilant while choosing the eatables during this time. Whenever you are in mode to purchase sweets, visual inspections like checking the appearance, color, and presentation must be in our list. We must Evaluate the crunchiness, softness, or creaminess of the eatables that are being produced by the shopkeepers. The analysis of aroma and fragrance must be a part of our observation. While checking the sweetness, saltiness, spiciness, and overall flavor, the purity of the ingredients must be at the priority. Ensure food safety and quality during festivals by implementing these testing methods

Arush kaushik(X-A)

Home practices to validate Diwali

Pre and post Diwali planning is an important part of the preparations.

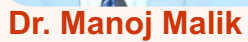
As it is said that "Well begun is half done."

- Always plan meals that are balanced in nutrients . Traditional sweets can be a part of our menu.
- If you prefer to purchase, shop wisely. And choose healthy ingredients and snacks.
- Don't forget to cleanse your digestive system by drinking plenty of water and eat fiber-rich foods.
- How can a diet be complete without fresh and seasonal fruits like apples, bananas, and grapes.
- The crunchiness of nuts and seeds like Almonds, walnuts, pumpkin seeds, and sunflower seeds and the additional bonus.

Post-Diwali Detox

- Rehydrate your body by drinking coconut water, herbal teas, or vegetable juice.
- Fiber-rich foods: Eat leafy greens, legumes, and whole grains to help in the digestive process.
- Probiotics: Include yogurt, kefir, or supplements for detoxification.
- Mindful Eating is as important as the selection of cuisines. Savor each bite and eat slowly. And avoid overeating.

Niharika Srivastava (X-H)



May the light of Diwali illuminate your hearts and homes, and may the coming year be filled with happiness and success.

STEWARDSHIP-

By embracing stewardship, we can create a better future, ensure sustainability, and inspire future generations.

